

Sky Taekwondo & Out of School Martial Arts – Recreational Program Safety Guidelines

1. When picking a student up from your kid's school.

- Sky driver will clean and sanitize all of the vehicles before and after picking up the students.
- Sky driver will be wearing a mask and temperature will be checked prior to pick up
- Sky Driver will be providing hand sanitizer for each student.
- Sky Driver will check each student's temperature.
 - If s/he has over a normal body temperature (btw 36.1 and 37.2c) but no complains about any fever and sickness, we will contact parents immediately to pick your kid up at the centre. Upon arrival at the Centre, your kid will be isolated from the group until you pick up.
 - If s/he has over a normal body temperature (btw 36.1 and 37.2c) and complains about fever and sickness, we will contact parents immediately to decide for the following two options.
 - I. If you can pick your child up at the school, parents and Sky driver will advise the school and leave a child at the office.
 - II. If you can't pick your child up at the school, Sky driver will set a plastic divider up between seating. Parents should come and pick your child up as early as you can. Your kid will be isolated from the group until you pick up.
 - When a child becomes sick, parents / guardians should follow by the clause on the registration form.
- Regardless of a student's age, they have to wear a mask when on board.
- No Eating is Permitted on Board.

2. Upon arrival at the Centre

- Sky staff will greet students at the entrance and provide hand sanitizer for each student once again.
- All students will meet at the main floor gym while keeping their mask on.
- Depending on the number of the total registration, the maximum number of students for each group is 15 students: Sky Taekwondo expects the total numbers of students less than 30 students for the current school year, due to the COVID-19 pandemic.
- The two groups of students will alternate between two different activities on a daily basis. One group will be participating in Taekwondo at the 2nd floor and the other will be doing KumDo or other activity from 4 to 4:50pm in the main floor gym.
- Although the city of Edmonton's by-law is not mandatory to wear a mask while doing exercise, Sky Taekwondo will consider or monitor the usage of mask for a first couple of weeks.
- During the transitional time from 4:50 to 5:00pm, Sky instructors and staffs will provide a sanitizer for a student and guide them into regrouping for gym activities.
- For the remaining students after 5pm, Sky staffs will lead or supervise their gym activities.
- All equipment will be sanitized before and after usage.

3. Parents pick up guidelines

- We recommend that parents pick a child up after the main lesson (on or past 4:50pm) unless you have other commitments.
- All parents should sanitize your hands with the kits set up at the centre or your own sanitizer while wearing a mask upon entering the centre.
- Parents should pick your child up no later than 6pm.
- All students will be in the main gym from 4:55 to 5:30pm and in the hallway from 5:30 to 6:00pm.
- We recommend that all families sanitize their hands once again when leaving at the centre since you have to touch the gate.

4. Snack time or Break from the Martial arts lesson and activity

- We will set tables up at the hallway and they can eat their snack with a social distance.
- If a student cannot participate in the martial arts lessons due to health conditions other than the COVID symptom (problems like aching in shoulder, twisted ankle or wrist etc.), they will also be sited in the hallway with the students that are having snack while having the mask on with a social distance.
- Unless they are eating, they should wear a mask.
- Hand washing with soap will be highly encouraged after taking off mask and before eating snack
- No sharing a food among the students.
- Peanut free environment.

5. Washroom Usage and Hygiene

- We recommend that a student, staff and parents use a designated toilet and sink.
- Sky Team will monitor the number of student at the main floor washroom. We will try to keep maximum 2 people at the time.
- Sky Team will monitor the cleanness of washroom and maintain the washrooms clean and sanitized, during our business hours.
- There is a designated professional care-takers for the building, they will clean the centre after the centre's business hours every night.

6. Day Camp

- For a day camp is a strictly monitored for the maximum of 15 students per room.
- Sky Team will clean and sanitize the facilities and equipment diligently.
- For a snack and lunch time, we will use a couple of spaces, as example: one group is at the arts room and the other group is at the hallway in the main floor.
- No sharing a food among the students.
- Peanut free environment.
- For programs and activities, the students will be also divided into two groups.
- If weather permits, we will take them to the outdoor playground. We will monitor the COVID-19 guideline for the usage of outdoor playground and make a sanitizer available all the time.
- Sky Team will closely monitor the protocol set by the Government of Alberta and Sky Taekwondo.

Note: The Safety Guideline is subject to change due to the Government of Alberta, City of Edmonton and Sky Taekwondo's Health and Safety Regulations under the Covid-19.



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