

Sky Taekwondo North West  
 Unit 101, 15379 Castle Downs Road  
 Edmonton AB  
 780.439.4391  
[www.skytaekwondo.ca](http://www.skytaekwondo.ca)



Effective from Monday, May 11, 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Children B. (6 to 8 yrs) <b>No Belt - Yellow</b> 4:30 – 5:15	Little Sky (4 to 5 yrs) <b>No Belt - Red Stripe</b> 4:30 - 5:00	Intermediate (6 to 8 yrs) <b>Orange - Blue</b> 4:30 – 5:15	Little Sky (4 to 5 yrs) <b>No Belt - Red Stripe</b> 4:30 - 5:00	Intermediate (All Ages) <b>Orange - Blue</b> 4:45 - 5:30	Little Sky (4 to 5 yrs) <b>No Belt - Red Stripe</b> 10:35 - 11:05
Intermediate (6 to 8 yrs) <b>Orange - Blue</b> 5:15 - 6:00	Children B. (6 to 8 yrs) <b>No Belt - Yellow</b> 5:00 - 5:45	Intermediate (9 to 12 yrs) <b>Orange - Blue</b> 5:15 - 6:00	Children B. (6 to 8 yrs) <b>No Belt - Yellow</b> 5:00 - 5:45	Advanced (Under 9 yrs) <b>Purple - Red</b> 5:35 - 6:20	Open B. (All Ages) <b>No Belt - Yellow</b> 11:10 - 11:55
Advanced (Over 9 yrs) <b>Purple - Black</b> 6:05 - 6:50	Intermediate (9 to 12 yrs) <b>Orange - Blue</b> 5:50 - 6:35	Advanced (Over 9 yrs) <b>Purple - Black</b> 6:05 - 6:50	Intermediate (9 to 12 yrs) <b>Orange - Blue</b> 5:50 - 6:35	<b>Sparring Class</b> <b>Orange - Black</b> 6:20 - 7:20	Open I. A. (All Ages) <b>Orange - Black</b> 12:00 - 12:45
Open B. (9 to 12 yrs) <b>No Belt - Orange</b> 6:50 - 7:35	Advanced (Under 9 yrs) <b>Purple - Red</b> 6:40 - 7:25	Open B. (9 to 12 yrs) <b>No Belt - Orange</b> 6:50 - 7:35	Open B. (9 to 12 yrs) <b>No Belt - Orange</b> 6:40 - 7:25	Open B. (All Ages) <b>No Belt - Orange</b> 7:25 - 8:10	Private Class <b>Birthday Party</b> ☐Appointment
	Teen & Adult (13 & up) <b>No Belt - Black</b> 7:30 - 8:15	<b>Elite Class</b> (All ages) <b>B. Stripe - Black</b> 7:40 - 8:25	Teen & Adult (13 & up) <b>No Belt - Black</b> 7:30 - 8:15		

< No Belt – White – Yellow – Orange – Green – Blue – Purple – Brown – Red – Black Stripe (1,2,3,4) – Black >

**Note:**

1. B. (Beginner) / I. (Intermediate) / A. (Advanced)
2. Open Class means “No Age Barrier” Class but requires an assessment from a Master.
3. **Sky Athletic Training** focuses primarily on high-density cardio and sparring techniques - Sparring equipment is recommended.
4. Email [skytkd.northedmonton@gmail.com](mailto:skytkd.northedmonton@gmail.com) for any class, and general concerns.
5. Email [skytaekwondo.manager@gmail.com](mailto:skytaekwondo.manager@gmail.com) for membership questions