

Sky Taekwondo Sherwood Park
 #945, 3890 Sherwood Drive SW Sherwood Park
 780 439 4391 (Text Preferable)
www.skytaekwondo.ca



Effective from Monday, September 1, 2026

Monday	Tuesday	Wednesday	Thursday	Friday
4:35 - 5:20 Children Beginner No Belt - Yellow		4:35 - 5:20 Children Beginner No Belt - Yellow	5:00 - 5:45 Children Beginner No Belt - Yellow	4:45 - 5:30 Children Beginner No Belt - Yellow
5:25 - 5:55 Little Sky Ages 3 ^{1/2} to 5		5:25 - 5:55 Little Sky Ages 3 ^{1/2} to 5	5:55 - 6:40 Open / Family Class No Belt - Orange Higher Belt exception may be applied	5:35 - 6:05 Little Sky Ages 3 ^{1/2} to 5
6:00 - 6:45 Open Intermediate Orange - Purple		6:00 - 6:45 Open Intermediate Orange - Purple	6:45 - 7:30 Open I. A. Green - Black	6:10 - 6:55 Open B.(9 yrs & up) No Belt - Orange
6:50 - 7:35 Open / Family Class No Belt - Black		6:50 - 7:35 Open / Family Class No Belt - Black	7:30 - 8:15 High Performance (Poomsae) Leadership Program Invitation Required	7:00 - 7:45 Open I. A. Orange - Black Poomsae / Curriculum
7:40 - 8:25 Open I. A. Green - Black		7:40 - 8:25 Open I. A. Green - Black		7:45 - 8:15 Sparring (Sparring Gear is Required)

< No Belt – White – Yellow – Orange – Green – Blue – Purple – Brown – Red – Black Stripe (1,2,3,4) – Black >

Note:

1. B. (Beginner) / I. (Intermediate) / A. (Advanced)
2. Open / Family Class means “No Age Barrier” Class but requires an assessment from a Master.
3. Email skytkd.sherwoodpark@gmail.com for any class, and general concerns.