



Effective from Tuesday, April 2, 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:45 - 5:30 Children Beginner No Belt - Yellow	4:30 - 5:00 Little Sky Ages 3 ^{1/2} to 5	4:45 - 5:30 Children Beginner No Belt - Yellow	4:30 - 5:00 Little Sky Ages 3 ^{1/2} to 5		
5:35 - 6:05 Little Sky Ages 3 ^{1/2} to 5	5:05 - 5:50 Children Beginner No Belt - Yellow	5:35 - 6:05 Little Sky Ages 3 ^{1/2} to 5	5:05 - 5:50 Children Beginner No Belt - Yellow	4:45 - 5:30 Open Class No Belt - Black	TBA
6:10 - 6:55 Open Class No Belt - Black Cardio & Kicking Techniques	5:55 - 6:40 Children Intermediate Orange - Purple	6:10 - 6:55 Open Class No Belt - Black Cardio & Kicking Techniques	5:55 - 6:40 Children Intermediate Orange - Purple	5:30 - 6:45 Sky Athletic Development	
7:00 - 7:50 Open I. A. Green - Black	6:45 - 7:30 Open B. I. No Belt to Orange	7:00 - 7:50 Open I. A. Green - Black	6:45 - 7:30 Open B. I. No Belt to Orange	Orange - Black Sparring Gear Required	
	7:30 - 8:20 Open I. A. Green - Black		7:30 - 8:20 Open I. A. Green - Black		

< No Belt – White – Yellow – Orange – Green – Blue – Purple – Brown – Red – Black Stripe (1,2,3,4) – Black >

Note:

1. B. (Beginner) / I. (Intermediate) / A. (Advanced)
2. Open Class means “No Age Barrier” Class but requires an assessment from a Master.
3. Email skytkd.sherwoodpark@gmail.com for any class, and general concerns.
4. Email skytaekwondo.manager@gmail.com for membership questions.