

Sky Taekwondo St. Albert
 #105, 15 Circle Drive
 St. Albert AB T8N 3Y7
www.skytaekwondo.ca



Effective from Tuesday, January 10, 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TBA			TBA		Little Sky (Ages 3.5 to 5) 11:30 – 12:00
	Children Beginner No Belt - Yellow 5:15 – 6:00	Children Beginner No Belt - Yellow 5:15 – 6:00		Little Sky (Ages 3.5 to 5) 5:00 – 5:30	Open Class No Belt - Black 12:00 – 12:45
	Open / Family Beginner No Belt - Yellow 6:05 – 6:50	Intermediate Yellow - Blue 6:00 – 6:45		Open Beginner No Belt - Yellow 5:30 – 6:15	Black Stripe – Black Black Belt Preparation 1:00 – 1:50
	Open I. A. Orange - Black 6:50 – 7:35	Advanced Orange – Black 6:45 – 7:35 Sparring Gear		Open I. A. Orange - Black 6:15 – 7:00	
		Teen / Adult No Belt - Black 7:35 – 8:25 Sparring Gear		Open Class No Belt - Black 7:00 – 7:50	

< No Belt – White – Yellow – Orange – Green – Blue – Purple – Brown – Red – Black Stripe (1,2,3,4) – Black >

Note:

1. B. (Beginner) / I. (Intermediate) / A. (Advanced)
2. Open Class means “No Age Barrier” Class but requires an assessment from a Master.
3. Email skytkd.stalbert@gmail.com for any class, and general concerns.
4. Email skytaekwondo.manager@gmail.com for membership questions